Record Nr.	UNINA9910456390503321
Autore	Nash Michael
Titolo	Physical health and well-being in mental health nursing : clinical skills for practice / / Michael Nash
Pubbl/distr/stampa	Maidenhead, [England] : , : McGraw-Hill : , : Open University Press, , 2010 ©2010
ISBN	1-283-33854-8 9786613338549 0-335-24013-5
Descrizione fisica	1 online resource (241 p.)
Disciplina	610.7368
Soggetti	Psychiatric nursing
	Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Front cover; Half page title; Title page; Copyright page; Dedication; Contents; About the author; Acknowledgements; Abbreviations and acronyms; 1 An introduction to physical health in mental illness; 2 An introduction to key concepts in measuring health and illness; 3 Clinical skills for physical assessment in mental health settings; 4 Principles of physical health assessment in mental health care; 5 Physical assessment: assessing cardiovascular health; 6 Assessing respiratory health in mental health; 7 Assessing nutrition, diet and physical activity 8 Medication, adverse drug reactions and physical health9 Physical health emergencies in mental health settings; 10 Practical steps in improving the physical health of people with severe mental illness; References; Index; Back cover
Sommario/riassunto	This groundbreaking book provides mental health nurses with the core knowledge of the physical health issues that they need for their work, and places these in a context that can be easily integrated into clinical practice.

1.