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| Nota di bibliografia    | Includes bibliographical references (p.136-137).   |
| Nota di contenuto       | Cover; Title Page; Copyright Page; About the Author; Contents; Introduction; THE NDEBELE; Face to face with the spirit of Africa; Mzilikazi in Zululand; The treasures of Old Bulawayo; Elaborate Ndebele marriage rites; Polygamy for a special purpose; Icholo and other wifely adornments; Pregnancy and marriage; All about 'Matshayisikhova' - from a mobile library; Evictees' cries of desperation fell on deaf ears; Gogo Matshazi's slit ears 'mark' her as an Ndebele; The millennium and the African concept of time; Why a cattle kraal is sacred; The myths surrounding multiple births<br>People of Godlwayo retain identity and prideWitchcraft; Belief in afterlife shown in burial methods; Rituals and taboos surrounding death; Sacred rituals observed during a matriarch's burial; THE XHOSA (AMAFENGU); Male circumcision among the amaXhosa of Zimbabwe; THE TONGA; Introduction; Tonga architecture; The origin of the name Binga; Language corruption: from 'Kasamba bezi' to Zambezi; The Tonga nchelwa provides a healthier way of smoking; Bulumba: Tonga hole-in-the-nose; Zambezi River intricately tied to Tonga culture; The Dombe language has no written form; THE SHONA |

Link between Mapungubwe and the Shona  
The magnificent Great Zimbabwe;  
The origins of Khami Ruins;  
Legend of a four-eyed boy;  
Origins of the VaRemba;  
Customs that lead to burial disputes;  
Nothing unusual in demanding cellphone;  
THE KALANGA;  
The origin of the name Kalanga;  
Kalanga inheritance;  
How the Nyubi tackled epidemics;  
Rain-making ceremonies are part of African culture;  
Mbanje originally entwined with culture;  
The Kalanga and 'Nholo we mwizana';  
Observance of traditional holy days;  
THE NAMBIYA;  
A brief history of the Nambiya;  
Ega Washington Sansole recounts Nambiya history;  
THE VENDA  
The significance of 'Amalaveni' among the Venda  
Glossary; Bibliography;  
Back Cover

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Sommario/riassunto

Zimbabwe's Cultural Heritage won first prize in the Zimbabwe Book Publishers Association Awards in 2006 for Non-fiction: Humanities and Social Sciences. It is a collection of pieces of the culture of the Ndebele, Shona, Tonga, Kalanga, Nambiya, Xhosa and Venda. The book gives the reader an insight into the world view of different peoples, through descriptions of their history and life events such as pregnancy, marriage and death. "...the most enduring book ever on Zimbabwean history. This book will help people change their attitude towards each other in Zimbabwe." - Zimbabwe Book Publishers

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