

1. Record Nr.	UNINA9910456369603321
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Titolo	No time [[electronic resource]] : stress and the crisis of modern life / / Heather Menzies
Pubbl/distr/stampa	Vancouver, B.C., : Douglas & McIntyre [Berkeley, CA], : Distributed in the U.S. by Publishers Group West, c2005
ISBN	1-282-69647-5 9786612696473 1-926685-74-1
Descrizione fisica	1 online resource (305 p.)
Disciplina	303.48/3
Soggetti	Technology - Social aspects Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references (p. 259-282) and index.
Nota di contenuto	Part I: Individuals : trashing the body and the mind through stress and overwork. Building an environment in motion -- Stressed out and dreamless -- Workaholics and chronic fatigue. Part II: Institutions : living in an attention-deficit culture. Virtual worlds and deserting the real -- Nurses and health care -- Minding the common welfare. Part III: Society : bringing a crisis of accountability and meaning home to roost. Children's time and attention deficit disorder -- Drawing students into society's conversations -- Civic dialogue and noisy silence. Part IV: Renewal : reclaiming a feeling for ourselves. Take your time -- Time for dialogue and democracy.
Sommario/riassunto	Everyone agrees: there aren't enough hours in the day. But what happened to the promise that technology would provide more leisure time? Instead, everyone is working harder and longer than they did 15 years ago, squeezed and scattered and stressed to the point of burnout. Coping with the dizzying pace of a society drowning in information overload, it's a wonder anyone functions normally. Building on the success of Whose Brave New World? and Fastforward and Out of Control, Heather Menzies takes readers on a sobering tour of this

troubling phenomenon, highlightin
