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Sommario/riassunto	Transitions to Better Lives aims to describe, collate, and summarize a body of recent research - both theoretical and empirical - that explores the issue of treatment readiness in offender programming. It is divided into three sections:part one unpacks a model of treatment readiness, and explains how it has been operationalizedpart two discusses how the construct has been applied to the treatment of different offender groupspart three iscusses some of the practice approaches that have been identified as holding promise in addressing low levels of of