

1. Record Nr.	UNINA9910456288003321
Titolo	Aging and demographic change in Canadian context // edited by David Cheal
Pubbl/distr/stampa	Toronto, [Ontario] ; ; Buffalo, [New York] ; ; London, [England] : , : University of Toronto Press, , 2002 ©2002
ISBN	1-281-99613-0 9786611996130 1-4426-7073-8
Descrizione fisica	1 online resource (305 p.)
Collana	Policy Research: The Trends Project Series
Disciplina	305.26/0971
Soggetti	Aging - Social aspects - Canada Age distribution (Demography) - Canada Vieillissement - Aspect social - Canada Repartition par age (Demographie) - Canada Electronic books. Canada Population policy Canada Social conditions 1991- Canada Population
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Frontmatter -- Contents -- Tables and Figures -- Foreword -- Acknowledgments -- Contributors -- 1. Introduction: Contextualizing Demographic Concerns / Cheal, David -- 2. Intergenerational Interlinkages: Public, Family, and Work / McDaniel, Susan A. -- 3. Aging, Language, and Culture / Thorpe, Douglas -- 4. The Impact of Demographic and Social Trends on Informal Support for Older Persons -- 5. Aging and Productivity: What Do We Know? / Prager, Joel -- 6. Work and Leisure: A Question of Balance / Thomas, Marty / Venne, Rosemary A. -- 7. Catching Up with Diversity in Intergenerational Relationships / Tindale, Joseph A. / Norris, Joan E. / Abbott, Krista -- Appendix: Iowa City Declaration -- Bibliography

The Canadian population is aging. As the "Baby-Boomer" generation reaches retirement age, policy-makers have begun to fear the economic and demographic challenges ahead. *Aging and Demographic Change in Canadian Context* responds to this alarmist view. The contributors present several alternative perspectives and question whether an aging society is necessarily inferior or problematic compared with the recent past, cautioning that exaggerated concerns about population aging can be harmful to rational policy making. The contributors argue that it is important to develop forward-looking programs that may influence life course trajectories in favourable directions, and that these new policies should be developed with respect to the life course considered as a whole. "Old age" is a slippery concept, and the effective boundaries between it and "middle age" are not always clear. The essays in *Aging and Demographic Change in Canadian Context* address these challenges and seek to broaden public discussion on aging and Canadian public policy.

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