

1. Record Nr.	UNINA9910456279603321
Titolo	The shoulder and the overhead athlete // Sumant G. Krishnan, Richard J. Hawkins, Russell F. Warren, editors ; Robert Hurley, acquisition editor ; Michelle LaPlante, developmental editor ; Rakesh Rampertab, production editor ; Karen Quigley, cover designer
Pubbl/distr/stampa	Philadelphia, Pennsylvania : , : Lippincott Williams & Wilkins, , 2004 ©2004
ISBN	1-4698-7818-6
Edizione	[First edition.]
Descrizione fisica	1 online resource (373 p.)
Disciplina	617.5/72044
Soggetti	Shoulder - Wounds and injuries Shoulder joint - Wounds and injuries Shoulder - Wounds and injuries - Surgery Shoulder joint - Wounds and injuries - Surgery Sports injuries Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Sommario/riassunto	Written by a multidisciplinary team of expert shoulder surgeons, athletic trainers, and physical therapists, this volume is the most complete and up-to-date reference on the evaluation, treatment, rehabilitation, and prevention of shoulder injuries in throwing and other overhead athletes. The first section includes chapters on shoulder anatomy and biomechanics, clinical examination, radiographic evaluation, resistance training and core strengthening, and specific exercises for the throwing shoulder. The second section describes state-of-the-art techniques for treatment and rehabilitation of e