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Altri autori (Persone)	ThomasPaul R. <1953->
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Nota di contenuto	""Front Matter""; ""Preface""; ""Contents""; ""Summary""; ""1 Introduction and Background""; ""2 The Nature and Problem of Obesity""; ""3 Programs for and Approaches to Treating Obesity""; ""4 Weighing the Options""; ""5 Criterion 1: The Match Between Program and Consumer""; ""6 Criterion 2: The Soundness and Safety of the Program""; ""7 Criterion 3: Outcomes of the Program""; ""8 Weighing the Options: Application of Committeea€?s Criteria""; ""9 Prevention of Obesity""; ""10 Research and Policy Recommendations""; ""A Assessment Instruments of Relevance to Obesity Treatment"" ""B The Diet Readiness Test and the General Well-Being Schedule""""C Pediatric Obesity""; ""D Accrediting Providers of Weight-Management Services""; ""E Biographies of Committee Members""; ""Bibliography""; ""Index""