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Titolo	Art Therapy for Groups [[electronic resource]] : A Handbook of Themes and Exercises
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ISBN	1-135-45334-9 9786610403165
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (365 p.)
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Soggetti	Art therapy Group psychotherapy - Handbooks, manuals, etc Electronic books.
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Note generali	Description based upon print version of record.
Nota di contenuto	Book Cover; Half-Title; Title; Copyright; Contents; Figures; Acknowledgements to first edition; Acknowledgements to second edition; Preface to first edition; Preface to second edition; Introduction; Who this book is for; What this book does and does not cover; Race, culture, diversity and equality issues; References; PART I Art therapy groups; Chapter 1 Art therapy and groupwork; Chapter 2 Running a group; Chapter 3 Recording, evaluation and evidence-based practice; Chapter 4 Learning from problems in groups; Chapter 5 An example in detail; Chapter 6 Examples of groups Chapter 7 Starting points for specific client groupsPART II Themes and exercises; Introduction; Checklist of themes and exercises; A Warm-up activities; B Media exploration; C Concentration, dexterity and memory; D General themes; E Self-perceptions; F Family relationships; G Working in pairs; H Group paintings; I Group interactive exercises; J Guided imagery, visualisations, dreams and meditations; K Links with other arts; L Media cross-reference; M Media notes; List of contributors; Resources; Index
Sommario/riassunto	Art Therapy for Groups provides detailed guidance on how to set up and run theme-based art therapy groups and discusses factors

affecting different client groups. The second half of the book consists of nearly 400 themes and practical exercises to use with groups, set out in sections ranging from personal work to group interactive exercises. This updated second edition includes: * new material on race, culture and diversity * a chapter on recording, evaluation and evidence-based practice * a survey of literature on art therapy groups * seventy new themes * an
