Record Nr. UNINA9910455848603321 Autore Aldridge David <1947-> Titolo Health, the individual, and integrated medicine [[electronic resource]]: revisiting an aesthetic of health care / / David Aldridge New York; ; London, : Jessica Kingsley Publishers, 2004 Pubbl/distr/stampa 1-283-90441-1 **ISBN** 1-84642-644-8 Edizione [1st American ed.] Descrizione fisica 1 online resource (225 p.) Disciplina 615.5 Alternative medicine Soggetti Integrated delivery of health care Medical anthropology Medicine - Research - Philosophy Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Making and taking health care decisions -- Lifestyle, charismatic ideology and a praxis aesthetic -- The clinical assessment of acupuncture for asthma -- Of ethics and education: strategies for curriculum development -- Aesthetics and the individual in the practice of medical research -- Clinical research, the individual patient, and the limits of randomized controlled trials -- A community approach to cancer in families -- Music therapy references relating to cancer and palliative care -- Music therapy and spirituality: a transcendental understanding of suffering -- Prayer and spiritual healing in medical settings -- A qualitative research perspective on healing -- The breath in healing -- Music therapy and neurological rehabilitation: recognition and the performed body in an ecological niche -- Guidelines for clinical research. Sommario/riassunto How do we decide on the most effective way to heal ourselves or our

patients? Complementary therapies are a vital part of any integrated approach to health which incorporates specialist and layperson knowledge. In this book, David Aldridge examines cultural

understandings of illness and medicines. He provides a critique of

orthodox methods used to assess treatment, and advocates a more pluralistic approach to medical research and practice, encompassing the physical, psychological, spiritual and social dimensions of a person's life. To assess medical research in a range of situations, Aldridge