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Altri autori (Persone)	LawlorMaria <1959-> FitzgeraldMichael <1946->
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Nota di contenuto	Succeeding in College with Asperger Syndrome: A student guide; Contents; Acknowledgements; Introduction; 1 Preparing for College: A Brief Preamble; Read me first: how to use this book; A project: preparing for college; Sources of information; Making the right choice for you; Previewing the college; Examining accommodation options; Something for mature students; Review and recommended reading; 2 Welcome to the Rest of Your Life; The rest of the book now, please...; The Foreknowledge Principle; Academic commitments; Academic staff and teaching Managing your independence may require some form of support Communication skills: your need for assistance; Social groups and social demands; Getting along with others: understanding the benefits of compromise; Comfortable routines; Interacting with the opposite sex: sex and sexuality; Managing anxiety and stress; College societies and clubs: finding the right one; The virtues of AS; Review and recommended reading; 3 The College Environment for the AS Student; Student life: the focus; The purpose in being there; Get the right

accommodation; The role of the family
Operations of a typical college Staff; Services; Academic responsibilities; Attendance; Coursework; Tutorials; Group work; Domestic responsibilities; Hygiene; Food; Clothes; Money management; Social life; You're on your own now; Acquaintanceship is not friendship; Managing the challenges; Drink; Drugs; Recommendations; 4 Attending to Academic Demands with AS; Is life that different for the AS student?; Social naivety and exploitation; The hidden curriculum in college; Interacting with academic staff; Departmental staff: etiquette and expectation; The importance of working to a plan
Identifying goals Organization of resources; Actions to complete; Flexibility: it's not a straitjacket; Working with a schedule; Basic schedule properties; Advantages for AS in schedules; Attendance and work completion; Getting ready for exams; Be ready for the unexpected; Inevitability of stress for AS students; Asking for help; Responding to requests for help; Using the library; Recommendations; 5 Working with Student Support Services; Behaviour is a measure of how we feel; Departures from routines; Anger resulting from stress; Using a daily diary to record anxiety
Interview with a student counselor see or not to see the support office?; When to present oneself; Asking about interviewer obligations; What to present; Listening; Returning with feedback; Moving beyond local support; The role of psychiatric liaison; Some problems that may be encountered; Recommendations; 6 Communication Getting Along with Others; The challenges; Talking is important; Talking at peers vs. talking to peers; Conversation as a language game; Developing active listening skills; Interrupting without jarring; Nonverbal skills; The vexed question of emotion detection
Some solutions: a repertoire of moves and phrases

Sommario/riassunto

This guide provides information to help students with AS prepare successfully for the rites and rituals of studying, interact with staff and fellow students, cope with expectations and pressures, and understand their academic and domestic responsibilities. The authors draw on first hand interviews with AS students and direct clinical experience.
