Record Nr. UNINA9910455698803321 Autore Anderson Ray Sherman **Titolo** Spiritual caregiving as secular sacrament [[electronic resource]]: a practical theology for professional caregivers / / Ray S. Anderson London; ; Philadelphia, : J. Kingsley, 2003 Pubbl/distr/stampa **ISBN** 1-283-90418-7 1-4175-0182-0 1-84642-384-8 Descrizione fisica 1 online resource (194 p.) Collana **Practical Theology** Disciplina 253.5 Pastoral counseling Soggetti Psychotherapy - Religious aspects - Christianity Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Includes bibliographical references and index. Nota di bibliografia Nota di contenuto Spiritual Caregiving as Secular Sacrament: A Practical Theology for Professional Caregivers; Contents; Foreword; Preface; 1. The Spiritual Praxis of Practical Theology; 2. The Integrative Gestalt of the Human Self; 3. The Ecological Matrix of the Human Person; 4. The Social Ecology of Human Spirituality; 5. The Life Continuum and the Formation of Self-Identity; 6. Self-Care: A Guide to Spiritual Fitness; 7. Recovering from Moral Injuries to the Self; 8. Casting Light on the Dark Side of Human Spirituality; 9. The Spiritual Power of Hope in Living with Disability 10. The Human Ecology of Death and DyingReferences; Subject Index; **Author Index** Sommario/riassunto The author explores spirituality in the context of the individual and of society, and discusses how those practicing pastoral or health care can deal with the issues raised outside of any religious ideas or practice. Anderson shows how professionals can help people move towards a more positive state in the face of pain, distress and illness.