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Titolo	Youth prolonged [[electronic resource]] : old age postponed // Robert Weale
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ISBN	1-282-76010-6 9786612760105 1-84816-508-0
Descrizione fisica	1 online resource (148 p.)
Disciplina	612.68
Soggetti	Longevity Aging - Prevention Health Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 128-130) and index.
Nota di contenuto	What's the problem? -- Language as a barrier: "I can't hear you" -- Dress and appearance: disguising the years; failure? -- Digging up the past; or, Where do we come from?: Were our ancestors healthier than we are? -- Ageing factors: More about appearance: tell-tale signs - sun, smiles and smoking -- Guessing by experts -- More about the skin, posture and bones -- Biomarkers; or, The countdown to the end - men and women, life-expectancy -- The eyes have it -- Thought for food -- Why do we age? Is it a matter of biological economics -- Elements -- Some age-related diseases: risk factors - Alzheimer's disease, bones, cancers, heart, Parkinson's, stroke -- The end of ageing -- What can we do about all this? -- Old age -- Biomarkers -- The menopause -- Age in the distant past -- How does human ageing fit into the animal scheme? -- From end to start.
Sommario/riassunto	What exactly is human ageing? Can it be slowed down? These questions have puzzled scientists and laymen alike for generations, and continue to do so today. The author addresses these thought-provoking issues by challenging pre-conceived notions of age-perception, age-

acceptance and inter-age relations. Pertinent matters of age-related communication are dealt with, and the reader is treated to a grand tour of the latest theories of ageing, age-related biological changes and age-related diseases, such as Alzheimer's Disease. Here, the author's expertise in age-related eye diseases truly comes in
