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Titolo	Coaching for high performance [[electronic resource]] : how to develop exceptional results through coaching // Sarah Cook
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Collana	Soft skills for IT professionals
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Nota di contenuto	FOREWORD; PREFACE; ABOUT THE AUTHOR; ACKNOWLEDGEMENTS; CONTENTS; CHAPTER 1: WHAT IS COACHING?; CHAPTER 2: THE SKILLS AND STYLES OF COACHING; CHAPTER 3: MODELS OF COACHING; CHAPTER 4: EFFECTIVE FEEDBACK; CHAPTER 5: CONTRACTING AND GOAL-SETTING; CHAPTER 6: LISTENING AND QUESTIONING SKILLS; CHAPTER 7: GENERATING OPTIONS AND ENCOURAGING CHANGE; CHAPTER 8: INTRODUCING COACHING TO YOUR ENVIRONMENT; BIBLIOGRAPHY; GLOSSARY; ITG RESOURCES
Sommario/riassunto	Coaching for High Performance is intended to inspire IT managers with practical advice and tips on how to create a coaching environment in their department. Applying coaching skills in the IT workplace will help create a climate of high performance.