

1. Record Nr.	UNINA9910455556003321
Autore	Cook Sarah
Titolo	Coaching for high performance [[electronic resource] ] : how to develop exceptional results through coaching // Sarah Cook
Pubbl/distr/stampa	Ely, U.K., : IT Governance Pub., 2009
ISBN	1-62870-012-2 1-84928-104-1 1-282-26352-8 9786612263521 1-84928-003-7
Edizione	[1st edition]
Descrizione fisica	1 online resource (125 p.)
Collana	Soft skills for IT professionals
Disciplina	658.3/124
Soggetti	Employees - Coaching of Organizational effectiveness Electronic data processing departments - Personnel management Electronic data processing departments - Management Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	FOREWORD; PREFACE; ABOUT THE AUTHOR; ACKNOWLEDGEMENTS; CONTENTS; CHAPTER 1: WHAT IS COACHING?; CHAPTER 2: THE SKILLS AND STYLES OF COACHING; CHAPTER 3: MODELS OF COACHING; CHAPTER 4: EFFECTIVE FEEDBACK; CHAPTER 5: CONTRACTING AND GOAL-SETTING; CHAPTER 6: LISTENING AND QUESTIONING SKILLS; CHAPTER 7: GENERATING OPTIONS AND ENCOURAGING CHANGE; CHAPTER 8: INTRODUCING COACHING TO YOUR ENVIRONMENT; BIBLIOGRAPHY; GLOSSARY; ITG RESOURCES
Sommario/riassunto	Coaching for High Performance is intended to inspire IT managers with practical advice and tips on how to create a coaching environment in their department. Applying coaching skills in the IT workplace will help create a climate of high performance.