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Collana	The classics of Indian spirituality
Altri autori (Persone)	EknathEaswaran <1910-1999.> NaglerMichael N
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Table of Contents; Untitled; Foreword; Introduction; ISHA: The Inner Ruler; KATHA: Death as Teacher; BRIHADARANYAKA: The Forest of Wisdom; CHANDOGYA: Sacred Song; SHVETASHVATARA: The Faces of God; MUNDAKA: Modes of Knowing; MANDUKYA: Consciousness & Its Phases; KENA: Who Moves the World?; PRASHNA: The Breath of Life; TAITTIRIYA: Ascent to Joy; AITAREYA: The Unity of Life; MINOR UPANISHADS: Beads of Wisdom; Tejobindu; Atma; Amritabindu; Paramahansa; Afterword: A Religion for Modern Times: by Michael N. Nagler; Glossary; Notes; Index
Sommario/riassunto	Among the oldest of India's spiritual texts, the Upanishads are records of intensive question-and-answer sessions given by illumined sages to their students - in ashrams, at family gatherings, in a royal court, and in the kingdom of Death. The sages share flashes of insight, extraordinary visions, the results of their investigation into consciousness itself. The Upanishads have puzzled and inspired wisdom seekers from Yeats to Schopenhauer. In this best-selling translation, Eknath Easwaran makes these challenging texts more accessible by

selecting the passages most relevant to read
