

1. Record Nr.	UNINA9910455469003321
Autore	Lazarus Richard S
Titolo	Emotion and adaptation [[electronic resource] /] / Richard S. Lazarus
Pubbl/distr/stampa	New York, : Oxford University Press, 1991
ISBN	1-280-44098-8 0-19-536147-4 1-60129-825-0
Descrizione fisica	1 online resource (572 p.)
Disciplina	152.4
Soggetti	Emotions Adaptability (Psychology) Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 471-519) and index.
Nota di contenuto	Contents; 1. About Emotion; 2. Issues of Research, Classification, and Measurement; 3. The Person-Environment Relationship, Motivation, and Coping; 4. Cognition and Emotion; 5. Issues of Causality; 6. Goal Incongruent (Negative) Emotions; 7. Goal Congruent (Positive) and Problematic Emotions; 8. Individual Development; 9. Social Influence; 10. Emotions and Health; 11. Implications for Research, Assessment, Treatment, and Prevention; References; Author Index; Subject Index
Sommario/riassunto	In this landmark work, Richard Lazarus -- one of the world's foremost authorities -- offers a comprehensive treatment of the psychology of emotion, its role in adaptation, and the issues that must be addressed to understand it. The work provides a complete theory of emotional processes, explaining how different emotions are elicited and expressed, and how the emotional range of individuals develops over their lifetime. The author's approach puts emotion in a central role as a complex, patterned, organic reaction to both daily events and long-term efforts on the part of the individual to survive