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Altri autori (Persone)	LeahyRobert L SookmanDebbie
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Nota di contenuto	Metacognitive therapy : application to generalized anxiety disorder / Adrian Wells -- Specialized cognitive behavior therapy for treatment resistant obsessive compulsive disorder / Debbie Sookman, Gail Steketee -- Treatment for complex PTSD / Christie Jackson, Kore Nissenson, Marylene Cloitre -- Understanding and managing treatment-resistant panic disorder : perspectives from the clinical experience of several expert therapists / Timothy J. Bruce, William C. Sanderson -- Emotional schemas in treatment resistant anxiety / Robert L. Leahy -- Augmenting exposure based treatment for anxiety disorders with principles and skills from dialectical behavior therapy (DBT) / Stacy Shaw Welch, Travis L. Osborne, Jayde Pryzgoda. Combining motivational interviewing and cognitive behavioral therapy to increase treatment efficacy for generalized anxiety disorder / Henny A. Westra, Hal Arkowitz -- Using a compassionate mind to enhance the effectiveness of cognitive therapy for individuals who suffer from shame and self-criticism / Deborah A. Lee -- Suggestions from acceptance and commitment therapy for dealing with treatment

resistant obsessive compulsive disorder / Michael P. Twohig ... [et al.]
-- Treatment anxiety disorders in the context of concurrent substance misuse / Sherry H. Stewart, Roisin M. O'Connor -- The pharmacotherapy of treatment resistant anxiety disorders in adults in the setting of cognitive behavioral therapy (CBT) / Theodore T. Kolivakis, Howard C. Margolese, Simon Ducharme.

Sommario/riassunto

Treatment Resistant Anxiety Disorders: Resolving Impasses to Symptom Remission brings together leading cognitive behavioral therapists from major theoretical orientations to provide clinicians with a greatly needed source of information, skills, and strategies from a wide range of CBT approaches. It describes how to combine empirically-based findings, broad based and disorder specific theoretical models, and individualized case conceptualization to formulate and apply specific strategies for varied aspects of resistance during treatment of anxiety disorders.
