

1. Record Nr.	UNINA9910455434703321
Titolo	Treatment resistant anxiety disorders : resolving impasses to symptom remission / / edited by Debbie Sookman, Robert L. Leahy
Pubbl/distr/stampa	New York, N.Y. : , : Routledge, , 2010
ISBN	1-282-29471-7 9786612294716 1-135-85836-5 0-203-89386-7
Descrizione fisica	1 online resource (381 p.)
Altri autori (Persone)	LeahyRobert L SookmanDebbie
Disciplina	616.85/2206
Soggetti	Anxiety disorders - Treatment Cognitive therapy Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Metacognitive therapy : application to generalized anxiety disorder / Adrian Wells -- Specialized cognitive behavior therapy for treatment resistant obsessive compulsive disorder / Debbie Sookman, Gail Steketee -- Treatment for complex PTSD / Christie Jackson, Kore Nissenson, Marylene Cloitre -- Understanding and managing treatment-resistant panic disorder : perspectives from the clinical experience of several expert therapists / Timothy J. Bruce, William C. Sanderson -- Emotional schemas in treatment resistant anxiety / Robert L. Leahy -- Augmenting exposure based treatment for anxiety disorders with principles and skills from dialectical behavior therapy (DBT) / Stacy Shaw Welch, Travis L. Osborne, Jayde Pryzgoda. Combining motivational interviewing and cognitive behavioral therapy to increase treatment efficacy for generalized anxiety disorder / Henny A. Westra, Hal Arkowitz -- Using a compassionate mind to enhance the effectiveness of cognitive therapy for individuals who suffer from shame and self-criticism / Deborah A. Lee -- Suggestions from acceptance and commitment therapy for dealing with treatment

resistant obsessive compulsive disorder / Michael P. Twohig ... [et al.]
-- Treatment anxiety disorders in the context of concurrent substance
misuse / Sherry H. Stewart, Roisin M. O'Connor -- The
pharmacotherapy of treatment resistant anxiety disorders in adults in
the setting of cognitive behavioral therapy (CBT) / Theodore T.
Kolivakis, Howard C. Margoless, Simon Ducharme.

Sommario/riassunto

Treatment Resistant Anxiety Disorders: Resolving Impasses to Symptom
Remission brings together leading cognitive behavioral therapists from
major theoretical orientations to provide clinicians with a greatly
needed source of information, skills, and strategies from a wide range
of CBT approaches. It describes how to combine empirically-based
findings, broad based and disorder specific theoretical models, and
individualized case conceptualization to formulate and apply specific
strategies for varied aspects of resistance during treatment of anxiety
disorders.
