

1. Record Nr.	UNINA9910455292603321
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Titolo	Blue veins and kinky hair [[electronic resource] ] : naming and color consciousness in African America / / Obiagele Lake
Pubbl/distr/stampa	Westport, Conn., : Praeger, 2003
ISBN	1-282-40905-0 9786612409059 0-313-05864-4
Descrizione fisica	1 online resource (160 p.)
Disciplina	305.896/073
Soggetti	African Americans - Race identity Names, Personal - African American Race awareness - United States Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. [117]-134) and indexes.
Nota di contenuto	Contents; Acknowledgments; Preface; 1. Renaming African People; 2. Mulattoes and Color Consciousness in the United States; 3. Hair and Color Consciousness in African America; 4. Hair and Skin Color in Africa and the African Diaspora; 5. The Dekinking of African Hair; Appendices; Bibliography; Name Index; Subject Index
Sommario/riassunto	The author explores how Africans in America internalized the negative images created of them by the European world, and how internalized racism has worked to fracture African American unity and thereby dilute inchoate efforts toward liberation. In the late 1960s, change began with the Black Is Beautiful slogan and new a consciousness, which went hand in hand with Black Power and pan-African movements. The author argues that for any people to succeed, they must first embrace their own identity, including physical characteristics. Naming, skin color, and hair have been topical issues in the Afri