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Altri autori (Persone)	MartineauJennifer W
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Sommario/riassunto	After a formal feedback experience individuals are often enthusiastic about pursuing their development goals but then hesitate because they do not know where to begin. This guidebook shows three strategies that are necessary in any intentional effort to grow: seek challenging assignments, seek training for targeted skills, and seek developmental relationships. Practical advice is given on how to choose the right assignments, identify specific skills that need improving, and establish relationships that will provide ongoing support and encouragement.