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Note generali	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Foreword; Introduction; 1 - Which skills? Which competencies?; 2 - Frameworks and issues for adult and skills learning; 3 - The place of skills training in the curriculum; 4 - Preparation for skills teaching; 5 - Building a learning group; 6 - Teaching the skills and competencies; 7 - Assessment; 8 - Who are you as a skills trainer?; APPENDIX 1 - Structures and techniques for teaching and practicing skills; APPENDIX 2 - Diploma in Integrative Psychosynthesis Competencies assessment forms; References; Index
Sommario/riassunto	This guide is intended to help those who are training counsellors, as well as those training to be counsellors, and deals with: teaching and learning skills, curriculum development; preparation and setting up of courses; teaching ideas, competencies and assessment; with a final chapter of the competencies of the trainer. Appendices contain further practical ideas for learning skills and identifying competencies as methods of assessment.