

1. Record Nr.	UNINA9910455122203321
Titolo	Using technology to support evidence-based behavioral health practices [[electronic resource]] : a clinician's guide // edited by Michael A. Cucciarec and Kenneth R. Weingardt
Pubbl/distr/stampa	New York, : Routledge, 2009
ISBN	1-282-33629-0 9786612336294 1-135-26917-3 0-203-86753-X
Descrizione fisica	1 online resource (312 p.)
Altri autori (Persone)	CucciareMichael A. <1976-> WeingardtKenneth R. <1968->
Disciplina	616.89
Soggetti	Evidence-based psychotherapy - Technological innovations Mental health services - Technological innovations Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Front Cover; Using Technology to Support Evidence-Based Behavioral Health Practices; Copyright Page; Contents; Editors' introduction; Contributors; Section I:Technology and behavioral health; Chapter 1. Mood disorders: Judith A. Callan and Jesse H. Wright; Chapter 2. Anxiety disorders: Michelle G. Newman, Darryl F. Koif, Amy Przeworski, and Sandra J. Llera; Chapter 3. Posttraumatic stress disorder: Carmen P. McLean, Maria M. Steenkamp, Hannah C. Levy, and Brett T. Litz; Chapter 4. Schizophrenia: Armando J. Rotondi; Chapter 5. Substance use disorders: Daniel D. Squires and Monte D. Bryant Chapter 6. Smoking cessation via the Internet: Yan Leykin, Alinne Z. Barrera, and Ricardo F. MunozChapter 7. Pain management: Jeffrey J. Borckardt, Alok Madan, Arthur R. Smith, and Stephen Gibert; Chapter 8. Body image and eating disorders: Susan J. Paxton and Debra L. Franko; Chapter 9. Obesity: Rebecca A. Krukowski, Jean Harvey-Berino, and Delia Smith West; Chapter 10. Diabetes management: Jun Ma, Sarah B. Knowles, and Sandra R. Wilson; Section II: Issues concerning

implementation and evaluation; Chapter 11. Implementation: Michael A. Cucciare; Chapter 12. Evaluation: Kenneth R. Weingardt
Chapter 13. Ethics in technology and mental health: Elizabeth Reynolds Welfel and Kathleen (Ky) T. HeinlenIndex

Sommario/riassunto

The use of technology to provide cost-effective behavioral healthcare is emerging as a crucial aspect of treating a wide variety of behavioral health problems. However, many behavioral health providers lack the knowledge and skills necessary to effectively integrate technology-based behavioral tools into their practice. In *Using Technology to Support Evidence-Based Behavioral Health Practices*, the authors help providers implement technology-based behavioral health practices in various healthcare settings and with various mental health disorders.

</
