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Multiperspective Approach; 12 The Functional Analysis and Functional Analytic Clinical Case Formulation: A Case of Anorexia Nervosa; 13 Commentary on Formulations of Eating Disorders; PART V OLDER ADULTS; 14 A Case of Problematic Behavior in an Older Adult; 15 A Cognitive Analytic Formulation; 16 The Core Conflictual Relationship Theme: A Psychodynamic Formulation of the Case of Mrs. Lewis 17 Commentary on Formulations of a Case of Problematic Behavior in an Older Adult PART VI INTELLECTUAL DISABILITIES; 18 A Case of Anger in a Person with Intellectual Disabilities; 19 A Psychodynamic Formulation; 20 A Cognitive-Behavioural Formulation of Anger in a Man with an Intellectual Disability; 21 Commentary on Formulations of Anger in a Person with Intellectual Disabilities; PART VII EMERGING ISSUES; 22 Contemporary Themes in Case Formulation; Index

Sommario/riassunto

Case formulation is a key skill for mental health practitioners, and this book provides examples of ten case formulations representing the most common mental health problems in a variety of populations and contexts, offering commentary on contrasting formulations of the same case. Provides an overview of the general features of case formulation and how it can drive treatment Features clinical cases from a variety of populations, focusing on a range of different problems Covers all the major theoretical perspectives in clinical practice - behavioural, cognitive behavioural,

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