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| Autore | Wheeler Robin <1954-> |
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| ISBN | 1-282-46548-1 1-55092-384-6 |
| Descrizione fisica | 1 online resource (193 p.) |
| Disciplina | 641.4 |
| Soggetti | Food - Storage Emergency food supply Survival and emergency equipment Electronic books. |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Front Cover; Advance Praise; Title Page; Rights Page; Contents; Acknowledgments; Introduction; 10 Reasons to be Food Secure; Chapter 1: The Real Thing -EARTHQUAKE!; Chapter 2: Stockpiling; Chapter 3: Buying Organic on a Budget; Chapter 4: Getting Symbiotic With Your Garden; Chapter 5: Maximizing the Harvest; Chapter 6: Storing the Garden Abundance (Top Ten Techniques); Chapter 7: Just a Cup of Tea for Me or Hot Bevies from a Cool Garden; Chapter 8: Please Don't Eat the Daisies(Without a Good Dressing); Chapter 9: Gardener With a Suitcase; Chapter 10: Into the Wild Chapter 11: By the Sea -We Shall See What's on the Seashore (And Then We'll Eat It)Chapter 12: The 18 Minute Medic: Quick Medicine, at Your Door; Chapter 13: Water; Chapter 14: I'm Too Busy Watching "Survivor" to Live Through a Food Crisis!; Chapter 15: Working Cooperatively; Chapter 16: Choosing Your Future and Feeling Your Big Muscles; Chapter 17: Pulling It All Together; Index; About the Author |
| Sommario/riassunto | Simple techniques for securing your food supply in an insecure world. |