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Sommario/riassunto	What is good acting? How does one create believable characters? How can an actor understand a character if they do not understand themselves? In The Science of Acting, Sam Kogan uses his theories on the relationship between neuroscience, psychology and acting to answer these questions. Practical exercises provide a step-by-step guide to developing an actor's ability, culminating in Ten Steps to Creating a Character. He presents the reader with a groundbreaking

understanding of the subconscious and how it can be applied to their acting. The author's highly origina

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