

1. Record Nr.	UNINA9910454900703321
Titolo	A casebook of cognitive therapy for traumatic stress reactions [[electronic resource] /] / edited by Nick Grey
Pubbl/distr/stampa	London, : Routledge, 2009
ISBN	1-135-28457-1 1-282-25660-2 9786612256608 0-203-87431-5
Descrizione fisica	1 online resource (327 p.)
Altri autori (Persone)	GreyNick <1970->
Disciplina	616.89/1425
Soggetti	Psychic trauma Cognitive therapy Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Book Cover; Title; Copyright; Contents; Tables; Figures; Contributors; Foreword; Chapter 1 Cognitive therapy for traumatic stress reactions: An introduction; Chapter 2 Cognitive therapy for acute stress disorder; Chapter 3 Travel, trauma, and phobia: Treating the survivors of transport-related trauma; Chapter 4 Tripping into trauma: Cognitive-behavioural treatment for a traumatic stress reaction following recreational drug use; Chapter 5 'Suspicion is my friend': Cognitive behavioural therapy for post-traumatic persecutory delusions Chapter 6 Imagery rescripting for intrusive sensory memories in major depression following traumatic experiencesChapter 7 Cognitive therapy for post-traumatic dissociation; Chapter 8 Intensive cognitive therapy for post-traumatic stress disorder: Case studies; Chapter 9 Cognitive therapy for posttraumatic stress disorder and permanent physical injury; Chapter 10 Cognitive therapy for posttraumatic stress disorder and panic attacks; Chapter 11 Cognitive therapy for posttraumatic stress disorder and obsessive-compulsive disorder Chapter 12 Cognitive therapy and suicidality in post-traumatic stress disorder: And recent thoughts on flashbacks to trauma versus

'flashforwards' to suicideChapter 13 Cognitive therapy for people with post-traumatic stress disorder to multiple events: Working out where to start; Chapter 14 Trauma-focused cognitive therapy in the context of ongoing civil conflict and terrorist violence; Chapter 15 Compassion-focused cognitive therapy for shame-based trauma memories and flashbacks in post-traumatic stress disorder; Chapter 16 Cognitive therapy for survivors of torture
Chapter 17 The role of narrative exposure therapy in cognitive therapy for traumatized refugees and asylum-seekersChapter 18 Using interpreters in trauma therapy; Index

Sommario/riassunto

Many people experience traumatic events and whilst some gradually recover from such experiences, others find it more difficult and may seek professional help for a range of problems. A Casebook of Cognitive Therapy for Traumatic Stress Reactions aims to help therapists who may not have an extensive range of clinical experience. The book includes descriptions and case studies of clinical cases of cognitive behavioural treatments involving people who have experienced traumatic events, including: people with phobias, depression and paranoid delusions
