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Titolo	Exploring the self through photography [[electronic resource] ] : activities for use in group work // Claire Craig
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Sommario/riassunto	Claire Craig explores how professionals working with groups can use photography to promote self-exploration and positive change. She explains how the technique works, who it can help, and how to set up and run a group. Each chapter revolves around a key theme, such as communication, reflection, relationship-building and self-esteem.

