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Descrizione fisica	1 online resource (188 p.)
Collana	New critical thinking in religion, theology, and biblical studies
Disciplina	200.1/9
Soggetti	Psychology, Religious Psychology and religion Creation (Literary, artistic, etc.) Mental illness - Religious aspects Electronic books.
Lingua di pubblicazione	Inglese
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Acknowledgments; 1 Introduction; 2 Marion Milner on Mysticism and Creativity; 3 Spirituality and Creativity: Theory and Practice; 4 Hope and the Religious Imagination; 5 Issues of Mood and Anxiety; 6 Eating Disorders; 7 Conclusion; Bibliography; Index
Sommario/riassunto	This book emphasizes the integral connections between imagination, creativity, and spirituality and their role in healing. Part One highlights the work of a neglected yet important psychoanalyst, Marion Milner - a painter and undeclared mystic - expanding her work on creativity, mysticism, and mental health. Part Two explores imagination and creativity as expressed in fostering hope and in spiritually-oriented therapies, particularly for mood, anxiety, and eating disorders - offering practical application of studies in imagination and the arts. Raab Mayo concludes that both creativity and the