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Titolo	The treatment of eating disorders [[electronic resource]] : a clinical handbook / / edited by Carlos M. Grilo, James E. Mitchell
Pubbl/distr/stampa	New York, : Guilford Press, 2009
ISBN	1-4625-0205-9 1-282-33641-X 9786612336416 1-60623-448-X
Descrizione fisica	1 online resource (624 p.)
Altri autori (Persone)	GriloCarlos (Carlos M.) MitchellJames E <1947-> (James Edward)
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Front matter; Chapter 1; Chapter 2; Chapter 3; Chapter 4; Chapter 5; Chapter 6; Chapter 7; Chapter 8; Chapter 9; Chapter 10; Chapter 11; Chapter 12; Chapter 13; Chapter 14; Chapter 15; Chapter 16; Chapter 17; Chapter 18; Chapter 19; Chapter 20; Chapter 21; Chapter 22; Chapter 23; Chapter 24; Chapter 25; Chapter 26; Chapter 27; Chapter 28; Chapter 29; Chapter 30; Chapter 31; Chapter 32; Chapter 33; Chapter 34; Chapter 35; Author Index; Subject Index
Sommario/riassunto	Eminently practical and authoritative, this comprehensive clinical handbook brings together leading international experts on eating disorders to describe the most effective treatments and how to implement them. Coverage encompasses psychosocial, family-based, medical, and nutritional therapies for anorexia nervosa, bulimia nervosa, binge-eating disorder, and other eating disorders and

disturbances. Especially noteworthy are "mini-manuals" that present the nuts and bolts of 11 of the treatment approaches, complete with reproducible handouts and forms. The volume also provides an overv
