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Sommario/riassunto	This is true, for he does show theoretically why there is no need for us to age, i.e. that there is no "death gene" that determines, more or less precisely, our longevity. Just don't expect any miracle cures. From a layman's viewpoint, the evolutionary argument he constructs for the development of aging in species is well elucidated and highly convincing. Aging is not, according to the disposable soma theory expounded here, anything to do with population control or some such crudely deterministic mechanism, but rather the genes making the best of what are, after all, limited energy resources