

1. Record Nr.	UNINA9910454589303321
Autore	Agnant Marie-Celie
Titolo	The book of Emma [[electronic resource] /] / Marie-Celie Agnant ; translated by Zilpha Ellis
Pubbl/distr/stampa	Toronto, : Insomniac Press, c2006
ISBN	1-280-91016-X 9786610910168 1-4593-0867-0 1-897414-06-4
Descrizione fisica	1 online resource (206 p.)
Altri autori (Persone)	EllisZilpha <1938->
Disciplina	843.54 843/.54 22
Soggetti	Fiction Electronic books. Haiti Fiction
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Translation of: Le livre d'Emma.
Nota di contenuto	The Book of Emma; Dedication; Emma; All That Blue; A Legendary Love; Fifie; Grazie and the Others; Nickolas of Sand and Shadow; Mattie and Rosa; Kilima; The Route of the Big Boats
Sommario/riassunto	One of the biggest stumbling blocks we hit when setting out to make our dreams come true is appreciating what is going well. Most of us have an unfortunate tendency to dwell on the problems rather than on the good things in our lives ... and then we wonder why things just seem to keep getting worse instead of better. In The Power of Appreciation in Everyday Life, psychologist Noelle Nelson explains how you can achieve success in every area of your life through transforming your beliefs with appreciation.