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Altri autori (Persone)	BloomgardenAndrea MennutiRosemary B. <1947->
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Nota di contenuto	Front Cover; Psychotherapist Revealed; Copyright Page; Contents; About the Editors; About the Authors; Section I: Foundations; Chapter 1. Therapist self-disclosure: Beyond the taboo: Andrea Bloomgarden and Rosemary B. Mennuti; Chapter 2. Less is more: An argument for the judicious use of self-disclosure: Karen J. Maroda; Chapter 3. Therapist self-disclosure: Standard of care, ethical considerations, and therapeutic context: Ofer Zur; Section II: Case examples by clinical orientation and clientele; Chapter 4. Self-disclosure as a turningpoint in psychotherapy: Judith Ruskay Rabinor Chapter 5. To share or not to share: Self-disclosure in the treatment of borderline personality disorder: Linda Filetti and Stephanie Mattei Chapter 6. I second that emotion! On self-disclosure and its metaprocessing: Natasha Prenn; Chapter 7. Lessons learned from adolescent girls: Andrea Bloomgarden and Rosemary B. Mennuti; Chapter 8. Behavioral treatment of a case involving obsessive-compulsive hoarding: Case formulation, the therapeutic relationship,

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Chapter 21. Collective wisdom for good practice: Themes for consideration: Andrea Bloomgarden and Rosemary B. Mennuti

Sommario/riassunto

In this edited volume, the real dialogue begins. Therapists speak openly and honestly about their self-disclosure practices, decisions and clinical dilemmas. Bloomgarden and Mennuti bring together research, training and tales from their clinical experience to illuminate lessons derived from their own journeys toward judicious, balanced self-disclosure practices. In a readable fashion, the stories highlight a variety of self-disclosure and boundary issues that occur in the course of psychotherapy. Numerous treatment modalities and clinical orientations are represented. The colle
