Record Nr. UNINA9910454556403321 Autore Solomon Robert C **Titolo** True to our feelings [[electronic resource]]: what our emotions are really telling us / / Robert C. Solomon Oxford: New York,: Oxford University Press, 2007 Pubbl/distr/stampa **ISBN** 0-19-985203-0 1-281-93096-2 9786611930967 0-19-972560-8 Descrizione fisica 1 online resource (301 p.) Disciplina 128/.37 Soggetti Emotions (Philosophy) **Emotions** Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Includes bibliographical references (p. [271]-279) and index. Nota di bibliografia Nota di contenuto Contents; Preface; Acknowledgments; Introduction; Part I: Emotional Strategies: An Existentialist Perspective; Part II: Toward a General Theory: Myths about Emotions; Part III: The Ethics of Emotion: A Quest for Emotional Integrity; Annotated Bibliography; Index; Preface. Acknowledgments. Introduction. Part I: Emotional Strategies: Sommario/riassunto An Existentialist Perspective. 1. Anger as a Way of Engaging the World. 2. Why It Is Good to Be Afraid. 3. Varieties of Fear and Anger: Emotions and Moods. 4. Lessons of Love (and Plato's Symposium). 5. We Are Not Alone: Compassion and Sympathy. 6. Extremes of Emotion: Grief, Laughter, and Happiness. 7. Self-Reproach in Guilt, Shame, and Pride. 8. Nasty Emotions: Envy, Spite, Jealousy, Resentment, and Vengeance.

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