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Preventing Relapse

Chapter 12 Maintaining Gains and Preventing RelapseReferences

Sommario/riassunto Sexual dysfunction can cause significant distress in both men and

women and their partners. This therapist guide presents a

comprehensive program for assessing and treating sexual dysfunction in couples or single individuals, regardless of sexual preference. It outlines pathways for therapy and gives recommendations for formulating a treatment plan. Therapists are encouraged to be flexible

in their approach while guiding clients through this step-by-step program. The guide and corresponding workbook present information

on a number of sexual problems including low sexual desire, difficulty beco