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Nota di contenuto	Cover; Contents; Foreword; About the Authors; Acknowledgements; Dedications; Section 1; Chapter 1.1 - Introduction; Chapter 1.2 - The Stigma of Mental Health Difficulties; Chapter 1.3 - Why Should Schools be Involved?; Chapter 1.4 - Schools in a Social Setting; Chapter 1.5 - Why Intervene at Whole-School Level?; Chapter 1.6 - Where to Start in Matching an Intervention to Your School; Appendix: My Life in School Checklist (Secondary School Version); Section 2; Chapter 2.1 - Creating a School Community; Chapter 2.2 - Disaffecting Young People; Chapter 2.3 - Violent Behaviours Chapter 2.4 - Bullying Behaviours Chapter 2.5 - Sexual Health; Chapter 2.6 - Alcohol, Drugs and Substance Abuse; Chapter 2.7 - The Socially Isolated/Children on the Asperger's/Autistic Spectrum; Chapter 2.8 - Helping Children Deal with Loss; Chapter 2.9 - Eating Problems; Chapter 2.10 - Deliberate Self-harm; Chapter 2.11 - Attention Deficit Hyperactivity Disorder; Chapter 2.12 - Accessing Outside Help; Section 3; Chapter 3.1 - Predicting the Difficulties; Chapter 3.2 - Review and

Sommario/riassunto

This work describes behaviours, both disruptive and secretive which indicate emotional distress. It looks at both the risk factors and the protective factors involved in emotional health and addresses the impact of issues such as bullying, social exclusion, loss and bereavement.
