Record Nr. UNINA9910454443703321 Autore Nichols Michael P Titolo Stop Arguing with Your Kids [[electronic resource]]: How to Win the Battle of Wills by Making Your Children Feel Heard New York, : Guilford Press, 2004 Pubbl/distr/stampa **ISBN** 1-281-22847-8 9786611228477 1-59385-964-3 Descrizione fisica 1 online resource (240 p.) Disciplina 646.7/8 Soggetti Child psychology Communication in families Listenina Parent and child Sociology & Social History Social Sciences Family & Marriage Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di contenuto Preliminaries: Contents: Preface: 1 Taking Charge of Your Children Without a Battle; 2 The Five Steps of Responsive Listening; 3 How to Head Off Arguments Before They Start; 4 How to Inspire Cooperation in Your Children; 5 Breaking the Cycle of Chronic Arguing; 6 Young Children: Tears and Tantrums; 7 School Age Children Do I Have To; 8 Teenagers You Can't Tell Me What to Do; 9 The Changing Dynamics of the Adolescent Family; 10 When Arguing Seems Unavoidable; Index;

About the Author

Sommario/riassunto

For parents fed up with constant challenges to their authority-but who

dread becoming tyrants in their own homes-this book provides a powerful new alternative to 'because I said so.' Trusted family therapist and author Michael P. Nichols takes on the number-one problem of parents today with the insight and humor that has made his earlier The

Lost Art of Listening an enduring bestseller. Presented is a simple, easy-to-follow, yet remarkably effective way to put an end to arguments by refusing to argue back. Instead, the techniques of responsive listening help parents open up better communicatio