

| | |
|-------------------------|--|
| 1. Record Nr. | UNINA9910454437403321 |
| Titolo | Cardiac rehabilitation : a guide to practice in the 21st century // edited by Nanette K. Wenger. [and others] |
| Pubbl/distr/stampa | New York : , : M. Dekker, , 1999 |
| ISBN | 0-429-21326-3 0-585-10940-0 1-280-17688-1 9786610176885 0-203-91090-7 |
| Descrizione fisica | 1 online resource (510 p.) |
| Collana | Fundamental and clinical cardiology ; ; . 38 |
| Altri autori (Persone) | WengerNanette Kass |
| Disciplina | 616.1203 |
| Soggetti | Heart - Diseases - Patients Heart - Diseases - Patients - Rehabilitation Electronic books. |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Series Introduction; Preface; Contents; Contributors; Overview: Charting the Course for Cardiac Rehabilitation into the 21st Century; Benefits of Exercise Training; The National Institutes of Health Consensus Conference Statement on Physical Activity and Cardiovascular Health; Rehabilitation Considerations in Exercise Testing; Exercise Prescription; Assessment for Exercise Training: Contraindications, Risk Stratification, and Safety Issues; Components of Exercise Training; Life-Long Exercise: Counseling for Exercise Maintenance Supervised Versus Unsupervised Exercise Training: Risks and Benefits Exercise Training in Special Populations: The Elderly; Exercise Training in Special Populations: Women; Exercise Training in Special Populations: Heart Failure and Post-Transplantation Patients; Exercise Training in Special Populations: Diabetes; Exercise Training in Special Populations: Obesity; Exercise Training in Special Populations: Valvular Heart Disease; Exercise Training in Special Populations: Pacemak |
| Sommario/riassunto | This work provides a scientific foundation for designing cardiac rehabilitation programmes to improve the functional abilities and |

decrease the symptoms of patients with cardiovascular disease. It emphasizes multidisciplinary care and the individualization of cardiac rehabilitation services.
