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Nota di contenuto	Contents; Preface; Part I: Introduction; 1. A Theory of Adaptation During Childbearing; Part II: Adaptation During Pregnancy; 2. Physical Health and Functional Status During Pregnancy; 3. Weight Gain and Functioning During Pregnancy; 4. Anticipating Delivery and Motherhood; Part III: Adaptation After Delivery; 5. Physical Health and Functional Status During the Postpartum; 6. Changes in Women's Weight After Delivery; 7. Feelings about Motherhood, Family Relationships, and Functional Status; Part IV: What Women Need During the Childbearing Period 8. Looking Back at Childbearing: Women's Expectations and Recommendations9. Recommendations for Practice and Policy; Part V: Conclusion; 10. Revisiting the Theory of Adaptation During Childbearing; Appendix: Study Methodology; Index; A; B; C; D; E; F; G; H; I; L; M; N; O; P; Q; R; S; T; U; W
Sommario/riassunto	This book describes the results of the authors' NIH-funded study of more than 200 women during pregnancy and postpartum. Their Theory

of Adaptation during Childbearing, presented in the book and derived from the Roy Adaptation Model, views this period as a time of profound change requiring considerable adaptation. Many aspects of pregnancy and postpartum are discussed, including physical and psychosocial health, functional status, and family relationships. Implications for nursing practice, and recommendations are included. This book was written for nursing and medical students, maternal-child
