

1. Record Nr.	UNINA9910454389503321
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Titolo	Stress and emotion [[electronic resource]] : a new synthesis // Richard S. Lazarus
Pubbl/distr/stampa	New York, : Springer, c1999
ISBN	0-8261-0380-4
Descrizione fisica	1 online resource (357 p.)
Disciplina	155.9/042 155.9042
Soggetti	Emotions Stress (Psychology) Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Contents; Figures and Tables; Foreword; Preface; Part I: Philosophical Issues; Part II: Levels of Scientific Analysis; Part III: Research Applications; Part IV: Narrative Viewpoint; Part V: Clinical Issues; References; Subject Index; Name Index
Sommario/riassunto	This volume is a sequel to the landmark work that established an exciting new field of study, Stress, Appraisal and Coping (Lazarus and Folkman, 1984). The author now explores the newest trends in research and theory, focusing on the rationale for a cognitive-mediational approach to stress and emotions. He makes clear distinctions between social stress, physiological stress, and psychological stress. By integrating both stress and emotion into one theoretical framework, with appraisal and coping as its basis, this book takes a narrative approach to both theory and research. Lazarus concludes w