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| Nota di contenuto | Contents; Contributors; Acknowledgments; 1. Introduction: A Review of Borderline Personality Disorder; 2. Case History of a Borderline Personality: Linda P.; 3. Self-Psychological Treatment; 4. Dialectical Behavior Therapy; 5. Cognitive Behavioral Therapy; 6. Rational Emotive Behavior Therapy; 7. Borderline States and Individual Psychology; 8. A Cognitive-Developmental Formulation of BPD; 9. A Lacanian Approach; 10. Imagery Rescripting and Reprocessing Therapy; 11. Unified Therapy with BPD; 12. Similarities and Differences in Treatment Modalities; Index |
| Sommario/riassunto | Within the field of clinical psychology, the term borderline personality disorder was developed to fulfill a diagnostic need and has come to possess specific stereotypes and negative meanings. Because the term borderline is an emotionally charged word, it can lead to a less-than-accurate view of the situation or patient being described, thus presenting a challenge to even the most experienced therapists and becoming one of the most complex disorders to treat. Through the use of one case study, however, experts in borderline personality disorders |

have put this difficulty at ease. Applying a var
