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12 An intensive three-day programme with families preparing for transition from inpatient to outpatient care  
Chapter 13 Coaching methods of supportive skills-based training for carers  
Part IV Special cases; Chapter 14 Reproductive function and parenting in people with an eating disorder history; Chapter 15 The influence and importance of parents in care and treatment of an eating disorder; Part V Conclusion and appendices; Chapter 16 What the patients say: An examination of what patients think about family interventions; Chapter 17 The professional perspective; Appendix 1 Toolkit for Carers: The caring role in eating disorders; Appendix 2 Eating Disorders Symptom Impact Scale (EDSIS)  
Appendix 3 Accommodation and Enabling Scale for Eating Disorders (AESED)Index

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## Sommario/riassunto

Caring for a loved one with an eating disorder is a difficult task; carers often find it hard to cope, and this can contribute to the maintenance of the disorder. The Clinician's Guide to Collaborative Caring in Eating Disorders shows how active collaboration between professional and non-professional carers can maximise the quality of life for both the sufferer and all other family members. The book provides straightforward guidance for clinicians who work with families and carers. It suggests ways of ensuring that interpersonal elements that can maintain eating disorder

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