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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Copyright; Contents; Acknowledgements; 1 - Who should use this book and how?; 2 - Why have an academic career?; 3 - Shaping up: academic anatomies; 4 - Presenting Yourself: Vita Statistics; 5 - Getting a job, getting promoted; 6 - Balancing Acts: between work and life; Further Reading; Index
Sommario/riassunto	This book encourages you to take a proactive approach to getting what you want out of academic work whilst being a good colleague. It discusses the advantages and disadvantages of such a career, the routes in and the various elements that shape current academic working lives.

