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Sommario/riassunto	This practical, hands-on book offers a broad range of skills to overcome the problems medical clients face with disease onset. The author has expanded his Cognitive Coping Therapy (CCT) model of care into the medical arena, and identifies 3 distinct phases in the treatment protocol: Crisis, Consolidation, and Normalization. Each phase constitutes a distinctive set of tasks and each task a set of coping

skills. This book details how to implement these skills, with sample case illustrations throughout. Special attention is given to specific illness trajectories and their stresses. ;chapter