

1. Record Nr.	UNINA9910454182303321
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Titolo	Women's Health Needs In Patient Education [[electronic resource]]
Pubbl/distr/stampa	New York, : Springer Publishing Company, 2004
ISBN	1-281-80696-X 0-8261-9693-4
Descrizione fisica	1 online resource (191 p.)
Collana	Focus on Women
Disciplina	615.5071082 616.0082
Soggetti	Patient education Primary Prevention Women -- Health and hygiene Women's Health Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Contents; Preface; List of Figures; List of Tables; One: The Gender Frame of Reference for Patient Education; Two: Cardiovascular Education; Three: Gynecologic, Genitourinary, and Reproductive Patient Education; Four: Motherhood As Learning; Five: Cancer Patient Education; Six: AIDS and Sexually Transmitted Disease Education; Seven: Other Disorders and Health Needs; Eight: Patient Education for Women; Summary; Index
Sommario/riassunto	The goal of this book is to fill the many gaps that health care providers face when helping women learn self care and prevention skills. Special attention is paid to minority status, low literacy, and elderly women who may have fewer opportunities to find health information independently. While this is ample information on reproductive health available, women experience a lack of timely information on nonreproductive health issues, such major killers as lung cancer and cardiovascular disease; adequate information for family caregivers, who are mostly women; and other disorders, ranging from AI