1.	Record Nr.	UNINA9910454179903321
	Autore	Lenhart Lisa
	Titolo	Coping Power [[electronic resource]] : Parent Group Facilitator's Guide
	Pubbl/distr/stampa	New York ; ; Oxford, : Oxford University Press, 2008
	ISBN	0-19-024207-8
		1-281-34217-3
		9786611342173
		0-19-804389-9
	Descrizione fisica	1 online resource (185 p.)
	Collana	Treatments That Work
	Altri autori (Persone)	WellsKaren
		LochmanJohn E
	Disciplina	618.9289
	Soggetti	Aggressiveness in children
		Conduct disorders in children
		Aggressiveness in children - therapy
		Behavioral Symptoms
		Family Relations
		Age Groups
		Behavior
		Socioenvironmental Therapy
		Social Behavior
		Persons
		Psychotherapy
		Family
		Behavior and Behavior Mechanisms
		Psychology, Social Named Groups
		Psychiatry and Psychology
		Behavioral Disciplines and Activities
		Psychotherapy, Group
		Parent-Child Relations
		Aggression
		Child
		Medicine
		Social Sciences
		Health & Biological Sciences
		Psychology
		Pediatrics
		Electronic books.

Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Chapter 1 Introductory Information for Parent Group Facilitators; Chapter 2 Parent Group Logistics; Coping Power Program: Year 1; Chapter 3 Session 1: Introductions, Overview, and Academic Support; Chapter 4 Session 2: Academic Support in the Home; Chapter 5 Session 3: Stress Management-Part I; Chapter 6 Session 4: Stress Management-Part II; Chapter 7 Session 5: Basic Social Learning Theory and Improving the Parent-Child Relationship; Chapter 8 Session 6: Ignoring Minor Disruptive Behavior; Chapter 9 Session 7: Giving Effective Instructions to Children Chapter 10 Session 8: Establishing Rules and ExpectationsChapter 11 Session 9: Discipline and Punishment-Part I; Chapter 12 Session 10: Discipline and Punishment-Part II; Chapter 13 Session 11: Getting Ready for Summer; Coping Power Program: Year 2; Chapter 14 Session 12: Academic Support in the Home-Review Session; Chapter 15 Session 13: Building Family Cohesion; Chapter 16 Session 14: Family Problem Solving; Chapter 17 Session 15: Family Communication; Chapter 18 Session 16: Long-Term Planning, Termination; References; About the Authors
Sommario/riassunto	The Coping Power Program is designed for use with preadolescent and early adolescent aggressive children and their parents and is often delivered near the time of children's transition to middle school. Aggression is one of the most stable problem behaviors in childhood. If not dealt with effectively, it can lead to negative outcomes in adolescence such as drug and alcohol use, truancy and dropout, delinquency, and violence. This program has proven effective in helping to avoid these types of problems. The parent component of the program consists of 16 group meetings also held during the 5th a