

1. Record Nr.	UNINA9910454151003321
Titolo	Effective health behavior in older adults [[electronic resource] /] / K. Warner Schaie, Howard Leventhal, Sherry L. Willis, editors
Pubbl/distr/stampa	New York, : Springer Pub. Co., c2002
ISBN	1-281-81143-2 9786611811433 0-8261-9743-4
Descrizione fisica	1 online resource (353 p.)
Collana	Societal impact on aging series ; ; 2002
Altri autori (Persone)	LeventhalHoward, PhD. SchaieK. Warner <1928-> (Klaus Warner) WillisSherry L. <1947->
Disciplina	613/.0438 618.97
Soggetti	Aging Geriatrics Health behavior - Age factors Older people - Health and hygiene Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Contents; Contributors; Preface; 1 Biosocial Considerations in Chronic Illness Perceptions and Decisions; 2 Linear and Dynamical Thinking about Psychosocial Factors and Cardiovascular Risk; 3 A Cognitive-Affective Analysis of Cancer Behavior in the Elderly: Are You as Healthy as You Feel?; 4 Psychosocial Factors in the Prevention of Cardiovascular Disease; 5 Ethnicity and Psychosocial Factors in Cardiovascular Disease Prevention; 6 Getting Help to Those Most Likely to Benefit: Patient Characteristics and Treatment Success 7 Exercise Interventions and Aging: Psychological and Physical Health Benefits in Older Adults 8 How Provider Payment Policies Affect the Health-Care-Seeking Behavior of the Elderly; 9 The Potential for Health Care Organizations to Promote Maintenance and Change in Health Behaviors Among the Elderly; Afterword: Health Behavior and the Elderly: How Do We Understand Its Determinants and Their Goals?;

Sommario/riassunto

In what ways do health behaviors and societal mechanisms help or discourage individuals in assuming responsibility for their health? Highly-esteemed and diverse contributors examine the health behaviors of older adults and the ways in which these behaviors are affected by societal trends. The volume begins with a discussion of the personal attributes affecting health behaviors and responsible health care choices in older adults. Additional topics explored include: Psychosocial factors in the prevention of cardiovascular disease; behavioral interventions such as the role of exercise in preventi
