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Titolo	Family-based treatment for young children with OCD [[electronic resource]] : therapist guide // Jennifer B. Freeman, Abbe Marrs Garcia
Pubbl/distr/stampa	Oxford ; ; New York, : Oxford University Press, 2009
ISBN	0-19-024177-2 1-282-05387-6 9786612053870 0-19-970623-9
Descrizione fisica	1 online resource (208 p.)
Collana	Programs that work
Altri autori (Persone)	GarciaAbbe Marrs
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Lingua di pubblicazione	Inglese
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 189-192).
Nota di contenuto	Introductory information for therapists -- Assessment -- Introduction to the treatment program (parents only) -- Laying the groundwork (parents only) -- Child introduction to treatment program -- Family-based treatment -- E/RP modeling -- E/RP introduction to scaffolding -- E/RP using parental scaffolding -- E/RP : mid hierarchy/portability of tools -- E/RP: mid hierarchy/extending strategies -- E/RP : top of the hierarchy/preparation for termination -- E/RP : top of the hierarchy/relapse prevention -- Review/graduation party.
Sommario/riassunto	Obsessive-compulsive disorder (OCD) can develop at a young age and when it does, it can cause significant distress for the child and the family. Parents may be unclear on the nature of OCD symptoms and how to best respond to their child. Family involvement in the child's symptoms may be making the situation worse for the whole family. When treating young children with OCD, it is important to recognize the family component and directly involve parents in treatment. It is also essential to tailor the treatment to a child's age and developmental

level. This therapist guide presents a family-based
