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Sommario/riassunto

Many mental health practitioners present symptoms that are consistent with their clients' anxiety and stress-related disorders. It comes as no surprise, then, that "counselor impairment" - the stress that comes from treating survivors of traumatic events - is now officially recognized by the American Counseling Associations' Task Force on Counselor Wellness. "Empathy Fatigue" is a term coined by the author after his own experience serving on the crisis response team for the Westside Middle School shootings in Jonesboro, Arkansas. Remarkably, symptoms of empathy fatigue are evident amongst
