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| 1. Record Nr.           | UNINA9910453820603321  |
| Autore                  | Fornieri Joseph R.   |
| Titolo                  | Abraham Lincoln, philosopher statesman / / Joseph R. Fornieri  |
| Pubbl/distr/stampa      | Carbondale, Illinois : , : Southern Illinois University Press, , 2014<br>©2014   |
| ISBN                    | 0-8093-3330-9  |
| Descrizione fisica      | 1 online resource (250 p.)   |
| Disciplina              | 973.7092   |
| Soggetti                | Political leadership - United States - History - 19th century<br>Political science - Philosophy<br>Electronic books.   |
| Lingua di pubblicazione | Inglese  |
| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
| Note generali           | Description based upon print version of record.  |
| Nota di bibliografia    | Includes bibliographical references and index.   |
| Nota di contenuto       | Cover; Jacket Flaps; Frontispiece; Title Page; Copyright; Contents; Preface; Acknowledgments; Introduction; 1. Wisdom; 2. Prudence; 3. Duty; 4. Magnanimity; Gallery of Illustrations; 5. Rhetoric; 6. Patriotism; Conclusion; Notes; Selected Bibliography; Index; Author Biography; Back Cover   |
| Sommario/riassunto      | What constitutes Lincoln's political greatness as a statesman? As a great leader, he saved the Union, presided over the end of slavery, and helped to pave the way for an interracial democracy. His great speeches provide enduring wisdom about human equality, democracy, free labor, and free society. Joseph R. Fornieri contends that Lincoln's political genius is best understood in terms of a philosophical statesmanship that united greatness of thought and action, one that combined theory and practice. This philosophical statesmanship, Fornieri argues, can best be understood in terms of si |

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| 2. Record Nr.           | UNINA9910793720703321  |
| Autore                  | Yau Julie Brown  |
| Titolo                  | The body awareness workbook for trauma : release trauma from your body, find emotional balance, and connect with your inner wisdom // Julie Brown Yau  |
| Pubbl/distr/stampa      | Oakland, California : , : New Harbinger Publications, , [2019]<br>©2019  |
| ISBN                    | 1-68403-326-8  |
| Descrizione fisica      | 1 online resource (209 pages)  |
| Disciplina              | 615.8528   |
| Soggetti                | Mind and body therapies  |
| Lingua di pubblicazione | Inglese  |
| Formato                 | Materiale a stampa   |
| Livello bibliografico   | Monografia   |
| Sommario/riassunto      | The Body Awareness Workbook for Trauma presents a comprehensive mind-body approach to healing trauma that invites readers to reconnect with their body's innate capacity for healing, growth, vitality, and joy. Readers learn to move past their trauma toward posttraumatic growth, balance their emotions, and transform the dark side of trauma into body awareness and spiritual fulfillment. |