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Titolo	Prolonged exposure therapy for adolescents with PTSD [[electronic resource]] : emotional processing of traumatic experiences : therapist guide // Edna B. Foa, Kelly R. Chrestman, Eva Gilboa-Schechtman
Pubbl/distr/stampa	Oxford ; ; New York, : Oxford University Press, 2009
ISBN	0-19-045027-4 0-19-024196-9 1-281-76967-3 9786611769673 0-19-804416-X
Descrizione fisica	1 online resource (219 p.)
Collana	Programs that work
Altri autori (Persone)	ChrestmanKelly R Gilboa-SchechtmanEva
Disciplina	618.92/8521
Soggetti	Post-traumatic stress disorder in adolescence Cognitive therapy for teenagers Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Accompanied by teen workbook: Prolonged exposure.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Introductory information for therapists -- Assessment and special considerations in treating adolescent trauma survivors -- Motivational interview module (optional) -- Case management module -- Treatment rationale module -- Gathering information module -- Common reactions to trauma module -- Real-life experiments module -- Recounting the memory module -- Worst moments module -- Relapse prevention module -- Final session module -- Tailoring treatment to the individual.
Sommario/riassunto	This program is specifically intended for adolescents suffering from posttraumatic stress disorder. Clients are exposed to safe but anxiety-provoking situations as a way of overcoming their trauma-related fears. Recounting the memory of the trauma also helps clients emotionally process their traumatic experiences in order to diminish PTSD symptoms. The workbook is designed for adolescent use and includes teen-friendly forms to reinforce the skills learned in therapy.

