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Note generali	"Companion to the complete adult psychotherapy treatment planner"-- Cover.
Sommario/riassunto	"This book contains over 1,000 complete prewritten session and patient presentation descriptions for each behavioral problem in The Complete Adult Psychotherapy Treatment Planner, Fifth Edition. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation. Incorporating new DSM-5 diagnostic suggestions, this book organizes treatment for over 40 main presenting problems, including depression, intimate relationship conflicts, chronic pain, anxiety, chemical dependence, borderline personality, anger management, and phobia"--