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Nota di contenuto	front cover; the Colours of Grief: Understanding a Child's Journey through Loss from Birth to Adulthood; CONTENTS; PREFACE; ACKNOWLEDGEMENTS; PART I: The Well of Grief; 1. Introduction: Shattered Dreams; 2. Loss and Separation; Bonding and attaching; The uniqueness of childhood bereavement; Effects on the child's health over the years; Social dysfunction and attachment disorders; Hidden regulators wrapped in everyday life's routine; 3. The Prism of Emotions Through the Grief Process; Fear and anxiety; Anger; Shame and guilt; Depression; Withdrawal, indifference, and despair 4. The Stages of Grief Stage I: Shock and numbness; Stage II: Denial; PART II: Grief Through the Ages; 5. Introduction: Grief and Developmental Stages; 6. Birth to Toddler (Ages 0 to 2); Marnie's story: Early separation; Henry's story: Loss in the second year; The developing brain; Cognitive, emotional, and physical considerations: Useful checklists; 7. Toddler through Early Childhood (Ages 2 to 6); Sarah's story: Memories of bereavement; Cognitive, emotional, and physical considerations: Useful checklists; 8. Middle Childhood (Ages 6 to 10); Andy's story: Loss of a father Cognitive, emotional, and physical considerations: Useful checklists 9.

Adolescence to Young Adulthood (Ages 11 to Mid-twenties): An Overview; The age of transition; THE AGE OF TRANSITION; Cognitive, emotional, and physical considerations: Useful checklists; 10. Early Adolescence (Ages 11 to 15); Kelly's story: Death of a brother; Cognitive, emotional, and physical considerations: Useful checklists; 11. Middle Adolescence (Ages 15 to 17); Hannah's story: Death of a parent; Cognitive, emotional, and physical considerations: Useful checklists; 12. Late Adolescence (Ages 17 to Mid-twenties) Brian's story: Death of a close friend Cognitive, emotional, and physical considerations: Useful checklists; Conclusion; APPENDIX 1: THERAPEUTIC ACTIVITIES; Massage; Puzzle Technique; Rock Technique; Aromatherapy; Stress balls; Storytelling; APPENDIX 2: TRANSITIONAL TOOLS; Window cards; Pain comforters; APPENDIX 3: MARY POPPINS MILK RECIPE; GLOSSARY; BIBLIOGRAPHY; SUBJECT INDEX; AUTHOR INDEX

Sommario/riassunto

The Colors of Grief explores strategies for supporting a grieving child to ensure healthy growth. Janis Di Ciacco illustrates the child's grieving process, and, drawing connections between bereavement, attachment issues and social dysfunction, suggests easy-to-use activities for intervention, including infant massage, aromatherapy and storytelling.
